



SEPTEMBER 27TH – OCTOBER 3RD

Week I

Week at a Glance



	9/27/09	9/28/09	9/29/09	9/30/09	10/01/09	10/02/09	10/03/09
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APPETIZERS	<ul style="list-style-type: none"> • Minestrone Soup • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • Split Pea Soup • Lettuce Greens with Croutons & Dressing 	<ul style="list-style-type: none"> • Chicken Noodle Soup • Spinach Soup 	<ul style="list-style-type: none"> • Beef Barley Soup • Tricolore Salad 	<ul style="list-style-type: none"> • French Onion Soup Au Graten • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • Manhattan Clam Chowder in Fresh Baked Bread • Cucumber Salad with Dressing 	<ul style="list-style-type: none"> • Cream of Asparagus Soup • Beet Salad
LUNCH	<ul style="list-style-type: none"> • Shepherd's Pie • Roast turkey with Gravy on the Side • Chicken Salad Platter 	<ul style="list-style-type: none"> • Chicken Français • Italian Sausage, Baked Ziti • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Pot Roast with Gravy on the Side • Lamb Chop with Mint Jelly • Tuna Salad Platter 	<ul style="list-style-type: none"> • Veal Marsala • Broiled Scallops with Tartar Sauce • Sliced Chicken Platter on Lettuce 	<ul style="list-style-type: none"> • Corned Beef • Stuffed Flounder with Crabmeat • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Shrimp Scampi • Beef Stew with Potatoes & Vegetables • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Beef Stroganoff • Roast Pork • Cottage Cheese & Fruit Platter
APPETIZERS	<ul style="list-style-type: none"> • Cream of Mushroom Soup • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • New England Clam Chowder in Fresh Baked Bread • Cucumber Salad 	<ul style="list-style-type: none"> • Tomato Soup • Carrot and Raisin Salad 	<ul style="list-style-type: none"> • Vegetable Soup • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • Cream of Potato Soup • Tomato & Onion Vinaigrette 	<ul style="list-style-type: none"> • Cream of Spinach Soup • Coleslaw 	<ul style="list-style-type: none"> • Chicken Noodle Soup • Potato Salad
DINNER	<ul style="list-style-type: none"> • Baked Macaroni, Ham & Cheese Casserole • Chicken Fried Rice and Oriental Vegetable Medley • Cottage Cheese and Fruit Platter 	<ul style="list-style-type: none"> • Hot Roast Beef Sandwich • Egg Salad Platter on Lettuce • Grilled Cheese & Tomato Sandwich 	<ul style="list-style-type: none"> • Cheese Omelet • Chinese Pepper Steak • Shrimp Cocktail Platter 	<ul style="list-style-type: none"> • Pasta Shells with Italian Sausage • Cottage Cheese & Fruit Platter • Cheese, Vegetable, or Pepperoni Pizza 	<ul style="list-style-type: none"> • Manicotti with Sauce • Chicken Pot Pie • Hot Dogs 	<ul style="list-style-type: none"> • Cheese Lasagna • Tuna Salad Platter • California Cheeseburger 	<ul style="list-style-type: none"> • Baked Scrod • Seafood Salad Platter • Philly Cheese Steak