

Parker at The Pavilion

January 2010

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Schedule

8-9:15 Welcome & Breakfast

9:15-11:30 Morning Programs

12:00-1:15 Lunch

1:15-3:30 Afternoon Programs

3:30 Snack

3:50 Van Departure

4:00 Participant Departure

Please Note: All Programs are Subject to Change

January Is:

Coffee Gourmet International Month

Oatmeal Month

1/5 National Bird Day

1/8 Birth Anniversary of Elvis Presley

1/15 Hat Day

1/18 Birth Anniversary of Martin Luther King Jr.

17-13 National Pizza Week

1/27 Birth Anniversary of Mozart

1/27 National Compliment Day

1

**Program
Closed**

*Happy New
Year!*

4

Morning Programs

Coffee Klatch

News and Views

Alaska Our 49th State

Sit and Be Fit

Helping Hands:Lunch Set-Up

Afternoon Programs

Afternoon Stroll

Chicken Soup for the Soul

Alaska: Facts and Fiction

Visit with Friends

5

Morning Programs

Coffee Klatch

News Topics

National Bird Day Trivia

Stretch and Move

Helping Hands:Lunch Set-Up

Afternoon Programs

Fitness Walk

Bowling for the Birdie

Making Bird Feeders

6

Morning Programs

Coffee Klatch

Intergenerational Visit

News and Views

St. Paul's Communion Service

Standing Exercise

Helping Hands:Lunch Set-Up

Afternoon Programs

Stroll for Fitness

Bingo Bonanza

Guess Who?

7

Morning Programs

Coffee Klatch

Current Events

Crossword Puzzle

Great Balls of Fire

Helping Hands:Lunch Set-Up

Afternoon Programs

Afternoon Stroll

Wheel of Fortune

Brain Teasers

8

Morning Programs

Coffee Klatch

News Currents

Fitness Walk

Elvis B-day Trivia

Helping Hands:Lunch Set-Up

Afternoon Programs

Whiz, Bang, Pop

Name that Elvis Tune

Gene Caldron Entertains
in the Café

11

Morning Programs

Coffee Klatch

News and Views

Sittercise

Trivia Ball

Helping Hands:Lunch Set-Up

Afternoon Programs

Fitness Walk

Ping Pong Poker

Visits with Friends

12

Morning Programs

Coffee Klatch

News and Views

Remember the Alamo

Sit and Be Fit

Helping Hands:Lunch Set-Up

Afternoon Programs

Lester Smith Entertains

Name Ten

Creative Arts

13

Morning Programs

Coffee Klatch

Little Sprouts w/Lee

News and Views

St. Paul's Communion Service

Standing Exercise

Helping Hands:Lunch Set-Up

Afternoon Programs

Fitness Walk

Concentration

Ring Toss

14

Morning Programs

Coffee Klatch

News and Views

Stretch and Move

Exercise your Mind

Helping Hands:Lunch Set-Up

Afternoon Programs

Afternoon Stroll

Winter Memories

Balloon Volleyball

15

Morning Programs

Coffee Klatch

News Currents

Morning Stroll

Stretch a Word

Helping Hands:Lunch Set-Up

Afternoon Programs

Participant Council

Decorating Hats

Remember When

18

Morning Programs

Coffee Klatch

News and Views

Gardening w/Lee

Fit Walk

Helping Hands:Lunch Set-Up

Afternoon Programs

Sit and Be Fit

Remembering
Martin Luther King

Visits with Friends

19

Morning Programs

Coffee Klatch

News Topics

Stretch and Move

Pizza History

Pizza Party

Afternoon Programs

Afternoon Stroll

Music Appreciation
w/Sandy

Whiz, Bang, Pop

20

Morning Programs

Coffee Klatch

Intergenerational Visit

News and Views

St. Paul's Communion Service

Standing Exercise

Helping Hands:Lunch Set-Up

Afternoon Programs

Afternoon Stroll

Winter Arts and Crafts

Word Games

21

Morning Programs

Coffee Klatch

News and Views

Exercise w/Weights

Today in History

Helping Hands:Lunch Set-Up

Afternoon Programs

Fitness Walk

Bingo Bonanza

Tea at Three

Teatime Rituals

22

Morning Programs

Coffee Klatch

News Currents

Fit Walk

Thinklers

Helping Hands:Lunch Set-Up

Afternoon Programs

Stretch and Move

Jokes and Riddles

Lester Smith Entertains in
the Cafe

25

Morning Programs

Coffee Klatch

News and Views

Sit and Stretch

Art of the Masters

Helping Hands:Lunch Set-Up

Afternoon Programs

Fitness Walk

Baking Oatmeal Cookies

Music Bingo

26

Morning Programs

Coffee Klatch

News and Views

Sittercise

Word Games

Helping Hands:Lunch Set-Up

Afternoon Programs

Afternoon Stroll

Winter Poetry

Afternoon Matinee in the
Cinema

27

Morning Programs

Coffee Klatch

Intergenerational Visit

News and Views

St. Paul's Communion Service

Standing Exercise

Helping Hands:Lunch Set-Up

Afternoon Programs

Strolling to Mozart

Share a Compliment

Music Trivia

Bowling Bonanza

28

Morning Programs

Coffee Klatch

News and Views

Sit and be Fit

Brain Teasers

Lunch Trip to the Hyatt

Helping Hands:Lunch Set-Up

Afternoon Programs

Dancing Feet

Guess Who in History

Flavored Coffee Tasting

29

Morning Programs

Coffee Klatch

News Currents

Morning Stroll

Spelling Challenge

Helping Hands:Lunch Set-Up

Afternoon Programs

Exercise with Weights

Sing-a-long

Joe Paris Entertains in the
Cafe