



OCTOBER 18TH – OCTOBER 24TH

Week IV

Week at a Glance



	10/18/09	10/19/09	10/20/09	10/21/09	10/22/09	10/23/09	10/24/09
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APPETIZERS	<ul style="list-style-type: none"> • Cream of Potato Soup • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • Vegetable Beef Soup • Tossed Salad with Dressing 	<ul style="list-style-type: none"> • Beef Noodle Soup • Mushroom Salad 	<ul style="list-style-type: none"> • Chicken & Rice Soup • Tossed Salad 	<ul style="list-style-type: none"> • Turkey Noodle Soup • Spinach Salad 	<ul style="list-style-type: none"> • Cream of Potato Soup • Three Bean Salad 	<ul style="list-style-type: none"> • Beef Barley Soup • Tossed Salad
LUNCH	<ul style="list-style-type: none"> • Chicken Cordon Bleu • Beef Burgundy • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Roast Lamb • Chicken à la King • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Pot Roast • Sautéed Chicken • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Chicken Giambotta • Veal Chop • Chef Salad 	<ul style="list-style-type: none"> • Crabmeat Casserole • Filet Mignon • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Seafood Newburg • Calves Liver • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Salisbury Chopped Steak • Chicken Wellington • Cottage Cheese & Fruit Platter
APPETIZERS	<ul style="list-style-type: none"> • Tomato Rice Soup • Garden Greens with Dressing 	<ul style="list-style-type: none"> • Cream of Broccoli Soup • Coleslaw 	<ul style="list-style-type: none"> • Chicken Gumbo • Tossed Salad 	<ul style="list-style-type: none"> • Vegetable Soup • Carrot & Raisin Salad 	<ul style="list-style-type: none"> • Beef Consommé • Tossed Salad 	<ul style="list-style-type: none"> • Corn Chowder • Garden Greens 	<ul style="list-style-type: none"> • Vegetable Soup • Cucumber & Tomato Salad
DINNER	<ul style="list-style-type: none"> • Broiled Flounder • California Hamburger/ Cheeseburger • Turkey Salad Platter 	<ul style="list-style-type: none"> • Egg Salad on Rye • Macaroni & Beef Casserole • Tuna Salad Platter 	<ul style="list-style-type: none"> • French Dip • Chicken or Tuna Salad Wrap • Cottage Cheese & Fruit Platter 	<ul style="list-style-type: none"> • Soft or Hard Taco • Egg Salad Sandwich • Shrimp Cocktail Platter 	<ul style="list-style-type: none"> • Spaghetti with Meat Sauce • Vegetable Quiche • Liverwurst on Rye Bread 	<ul style="list-style-type: none"> • Mushroom and Mozzarella Burger • Egg Salad Platter • Tuna Salad in a Pita 	<ul style="list-style-type: none"> • Ham & Cheese Omelet or Broccoli & Cheddar Omelet • Beef or Chicken Cheese Steak • Seafood Salad Platter